

### VICTORY GARDEN RESOURCES

During the world wars of the 20<sup>th</sup> century, the US government promoted Victory Gardens as a way to reduce food shortages. Gardens were grown on apartment rooftops, in community green spaces and at private residences as a way create additional food resources during a world-wide crisis. Gardening is not only an activity that promotes social distancing, it has also been shown to reduce stress and improves emotional well-being. What better way to cope with the COVID-19 pandemic than growing a Victory Garden of your own?

#### For Beginning Gardeners Victory Garden Tutorials:

From the Farmer's Almanac and Cleveland.com, a guide to what vegetables can be planted when based upon Cleveland's climate (hint—April is too early for tomatoes!). Note 'under cover' means in a cold frame or similar set up:

[https://www.cleveland.com/weather/blog/2018/04/spring\\_2018\\_gardening\\_guide\\_fo.html](https://www.cleveland.com/weather/blog/2018/04/spring_2018_gardening_guide_fo.html)

Excellent article for those wanting to start their first vegetable garden: 8 Steps to a Vegetable and Herb Container Garden. Note: a hard plastic kiddie pool works really well as a container, because it is for kids the plastic is generally nontoxic. Remember to poke holes in the bottom.

<https://www.realsimple.com/home-organizing/gardening/indoor/vegetable-herb-container-garden-steps>

7 Steps to Grow Your Own Victory Garden: For those wanting a bigger project, or with some basic knowledge. Not a lot of detail in this article, but plenty of links to other material. Note: The article mentions soil testing if you are not using raised beds or containers, in the city it lead and other contaminants are a concern as well. <http://gardenclub.homedepot.com/steps-growing-victory-garden/>

More detailed information on how to get started gardening: How to Make a Climate Victory Garden <https://www.greenamerica.org/food-climate/climate-victory-gardens/how-start-climate-victory-garden>

Square Foot Garden Plans from the Farmer's Almanac:

<https://www.almanac.com/content/square-foot-garden-plans-and-layouts>

## **For Teachers and Projects for Kids**

The Classroom Victory Garden Project

<https://classroomvictorygarden.org/classroom-facts.html>

12 Vegetables You Can Grow from Scraps

[https://livelovefruit.com/vegetables-you-can-grow-from-scraps/?fbclid=IwAR0-Ly\\_3DZ7\\_docgBKhsGJ\\_0W1pOSwr6sPaYc26id3ivrj8nV09rj4ex4jo](https://livelovefruit.com/vegetables-you-can-grow-from-scraps/?fbclid=IwAR0-Ly_3DZ7_docgBKhsGJ_0W1pOSwr6sPaYc26id3ivrj8nV09rj4ex4jo)

## **More Gardening and Informational Resources**

Revitalizing or managing vacant lots, materials from a series of 7 workshops on how to revitalize vacant lots in Cleveland Sustainable Cleveland Vital Neighborhoods.

<https://www.sustainablecleveland.org/vitalneighborhoods>

Gardeners who want to do more in the community: Master Gardeners of Cuyahoga County

<https://www.cuyahogamg.org/>

Ohio State Extension Agriculture and Natural Resources

<https://cuyahoga.osu.edu/program-areas/agriculture-and-natural-resources>

Ohio Native Plant Resources

<https://www.leapbio.org/resources/native-plants>

Holden Forests and Gardens Online Learning Center

<https://www.holdenarb.org/online-learning-with-hfg/>